Please READ and FOLLOW these directions

Veronica M. Morris
Rise and Shine Permanent Makeup
4861 Williams Drive, Suite 107A
Georgetown, Texas 78633
Call or Text 832-544-1486
riseandshinepermanentmakeup.com

Eyebrow Tattoo Aftercare

Follow-up visits are optional. If you are pleased with your eyebrows, then you don't need a follow-up. If you want to add to your eyebrow shape or color, please schedule a follow-up appointment within 4-6 weeks online at: www.**riseandshinepermanentmakeup.com**. **Contents:** 5-sets of sterile *Tegaderm* bandage strips, 1-vial *Block Tonic c*leanser/sealer, 1-container *Skin Candy* ointment, 1-wood applicator stick, 3- transparent, reusable clear visors for the shower.

Healing time is 7 days on average. If you have your brow procedure before 1pm you may need to change the bandages 2x before bed on the day of your procedure.

Before bed the day of your procedure and every 12 hours thereafter for a total of 72 hours, you will follow steps 1-4. After 72 hours, days 4-7, follow steps 2 & 3.

1. Remove the bandages.
2. Moisten a Q-tip with Block Tonic wipe once each way on your brows: against the hair direction, then with the hair direction.
3. Use the flat side of the stick to apply the skin candy. The amount to use equals the size of a grain of rice divided between your brows, pressing along the area and finishing with the thin side of the stick to lightly remove any extra ointment.
4. Apply the bandages by removing the opaque, white side first, starting with the small, opaque piece and while holding the bandage vertically remove the larger opaque, white piece in a downward direction. Still holding the bandage vertically, grab the bottom of the bandage with your free hand and once you have each end of the bandage rotate to a horizontal position and apply the bandage over the area, smoothing it over the area. The green grid will now be removed using the tab in the middle of the bandage and removing each side in an outward fashion.

The Department of State Health Services recommends applying antibiotic ointment or cream, I do not. May cause an allergic reaction. Consult a health care practitioner at the first sign of infection or allergic reaction. Report any diagnosed infection, allergic reaction, or adverse reaction to the Department of State Health Services at ttbphelp@dshs.texas.gov

Please READ and FOLLOW these directions

You may run out of Block Tonic on day 4 or 5. As a substitute, you may splash your brows with water if they are crusty with lymph fluid and follow step 3.

Showering: For the first 72 hours, if your bandages are airtight then you may shower with only the bandages on and then follow steps 1-4. For days 3-7, use the clear visors to shower by cleaning the area above your brows with rubbing alcohol, avoiding direct contact with your brows, then remove the white strip and apply above brows. After your shower, follow steps 2 & 3.

You do not want scabs to form on your eyebrows. **Lymph fluid + Air = Scabs.** Scabs take away your eyebrows and leave new skin behind.

IF YOU DO NOT FOLLOW THESE DIRECTIONS:

I WILL KNOW. You WILL get a scab. Your tattoo will heal splotchy, lighter, or will disappear completely. A follow-up appointment will be necessary, and I have the right to release you from future services.

While healing (7 days): NO SAUNA or long steamy showers, NO TANNING, NO SWEATING, NO MILD OR EXTREME EXERCISE, NO PICKING, NO MAKEUP in the procedure area.
Avoid aspirin, Omega 3-6-9, fish oil, krill oil. Cleanse only with *Block Tonic* or a quick splash of water.
For at least 2-weeks: Minimize exposure to the sun, and chlorinated water.
Never: No serums, lotions, creams, masks, etc., containing retinol, Retin-A, tranexamic acid, hydroquinone, vitamin C, niacinamide (vitamin B3), kojic acid, lactic acid, glycolic acid, azelaic acid, etc., within a finger width above your brows. If you use these products above your brows, your tattoo may turn shades of blue, green, or mauve.
After they heal: To protect your eyebrows from fading, wear a hat or wear a sunscreen…rain or shine. Lip balm with an SPF and without menthol or camphor is a quick and easy way to protect your brows. UVA rays are 95% of the UV rays present and magnified 75% by the presence of clouds. If you do not protect your brows from the sun your tattoo may turn shades of blue, green or mauve.

The Department of State Health Services recommends applying antibiotic ointment or cream, I do not. May cause an allergic reaction. Consult a health care practitioner at the first sign of infection or allergic reaction. Report any diagnosed infection, allergic reaction, or adverse reaction to the Department of State Health Services at ttbphelp@dshs.texas.gov

Please READ and FOLLOW these directions

Washing Your Face: Do not get your eyebrow tattoo wet for 7 days!

Use a cotton round to clean above your brows.

Thank you for choosing me for your permanent makeup!

The Department of State Health Services recommends applying antibiotic ointment or cream, I do not. May cause an allergic reaction. Consult a health care practitioner at the first sign of infection or allergic reaction. Report any diagnosed infection, allergic reaction, or adverse reaction to the Department of State Health Services at ttbphelp@dshs.texas.gov